










October 2017

Alzheimer's Care Resource Center: Caregiver Support Group Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	2 	3 Lake Worth Caregiver Support Group at Alzheimer's Care Resource Center  10:00am-12:00pm Call (561) 588-4545 to Register	4 	5 Lake Worth Caregiver Support Group at Alzheimer's Care Resource Center  10:00am-11:00am Call (561) 588-4545 to Register	6
Week 2	9 	10 Lake Worth/Telephone Alzheimer's Care Resource Center Support Group 10:00am- 12:00pm  Telephone Support Group 7:00pm- 8:00pm	11 Palm Beach Gardens Caregiver Support Group at La Posada 3:30pm-4:30pm Call (561) 588-4545 to Register	12 Jupiter Caregiver Support Group at Jupiter Gardens Rehabilitation Center 6:00pm-7:00pm Call (561) 588-4545 to Register	13
Week 3	16 	17 Lake Worth / Palm Beach Alzheimer's Care Resource Center Support Group 10:00am- 12:00pm  Bethesda by the Sea Support Group 5:30pm- 6:30pm	18 	19 Lake Worth/Boynton Beach Alzheimer's Care Resource Center Support Group 10:00am- 11:00am  Palm Isles Support Group 10:00am- 11:30am	20
Week 4	23 	24 Lake Worth Caregiver Support Group at Alzheimer's Care Resource Center  10:00am-12:00pm Call (561) 588-4545 to Register	25 	26 	27
Week 5	30 	31 Lake Worth Caregiver Support Group at Alzheimer's Care Resource Center  10:00am-12:00pm Call (561) 588-4545 to Register	---- 	<p>(561) 588-4545 2328 10th Ave N #600, Lake Worth, FL 33461 www.AlzheimersCareResourceCenter.org RSVP for any support group by calling (561) 588-4545.</p>	

Lake Worth Caregiver Support Groups

Every Tuesday from **10:00am to 12:00pm** – **Alzheimer's Care Resource Center**, 2328 10th Ave N #600, Lake Worth, FL 33461
(561) 588-4545

First & Third Thursday from **10:00am to 11:00am** – **Alzheimer's Care Resource Center**, 2328 10th Ave N #600, Lake Worth, FL 33461
(561) 588-4545

Alzheimer's Telephone Support Group

Second Tuesday from **7:00pm to 8:00pm** over the **telephone**. Call (561) 588-4545 to RSVP and receive the support group call in information.

Boynton Beach Caregiver Support Group

Third Thursday from **10:00am to 11:30am** – **Palm Isle**, 9545 Palm Isles Dr, Boynton Beach, FL 33437
(561) 369-2995

Palm Beach Gardens Alzheimer's Support Group

Second Wednesday from **3:30pm to 4:30pm** – **La Posada**, 11900 Taylor Dr, Palm Beach Gardens, FL 33410
(561) 232-6700

Palm Beach Alzheimer's Support Group

Third Tuesday from **5:30pm to 6:30pm** – **The Church at Bethesda by the Sea**, 141 South County Rd, Palm Beach, FL 33480
(561) 655-4554

Jupiter Caregiver Support Group



Second Thursday from **6:00pm to 7:00pm** – **Jupiter Gardens Rehabilitation Center**, 17781 Thelma Ave, Jupiter, FL 33458
(561) 746-2998



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Alzheimer's Care Resource Center: Caregiver Information Station Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1	2 Monday Mojo for Caregivers Inspirational Words "Nothing Will Change Unless You Change" <i>Watch on our website</i>	3	4 Wednesday Workshop Simplifying Daily Care for People with Parkinson's Disease <i>Watch on our website</i>	5	6	
	9 Monday Mojo for Caregivers A Guide for Living Life to the Fullest <i>Watch on our website</i>	10	11 Wednesday Workshop Helpful Tips for Dressing a Loved One with Parkinson's Disease <i>Watch on our website</i>	12 The Reef Just for Men The Stages of Parkinson's Disease <i>Watch on our website</i>	13	
Week 2	16 Monday Mojo for Caregivers Overcoming Low Self Esteem in Caregiving <i>Watch on our website</i>	17	18 Wednesday Workshop Common Questions Caregivers Should Ask About Parkinson's <i>Watch on our website</i>		20 Paint for Fun™ 10:00am-12:00pm In Lake Worth Office Create Your Own Painting Masterpiece <i>Register at (561) 588-4545</i>	
	23 Monday Mojo for Caregivers Lots of Ways to Organize Your Life Now <i>Watch on our website</i>	24 Family Caregiver Workshop 10:00am-12:00pm Parkinson's Disease: Caring & Coping Workshop for Caregivers <i>RSVP at (561) 588-4545</i>	25 Wednesday Workshop Traveling Tips for the Elderly <i>Watch on our website</i>		27 Waves of Faith Reconnect to Your Spirit Non-Denominational Prayer and Inspiration <i>Watch on our website</i>	
Week 3	30 Monday Mojo for Caregivers Encouraging Quotes from Famous People <i>Watch on our website</i>	31 Halloween 	----		<p align="center">(561) 588-4545 2328 10th Ave N #600, Lake Worth, FL 33461 www.AlzheimersCareResourceCenter.org RSVP for any support group by calling (561) 588-4545.</p>	
	Week 4	Week 5				